

MENU WEEK 1

SERVED W/C:

21st April | 12th May | 2nd June | 23rd June | 14th July

Innovate IFG

Classic main meal

Creamy Tomato & Salmon Pasta

Classic Beef Lasagne

Roast Gammon & Gravy

Spanish Chicken & Tomato Rice

Fish Fingers & Chips

VEGETARIAN MAIN MEAL

Cheese & Tomato Pizza, with Wedges

Vegetarian Lasagne

Baked Mac & Cheese

Chickpea, Squash & Rice Tagine

Vegan Vegetable Nuggets & Chips

Sides

Peas

Italian Vegetables

Seasonal Vegetables (Carrots, Broccoli & Courgette)

Tomato, Pepper & Carrot Salad

Baked Beans

FILLED ROLLS

Ham Roll Cheese Roll

Chicken Roll Egg Mayonnaise Roll

Ham Roll Cheese Roll

Tuna Mayonnaise Roll Cheese Roll

Ham Roll Egg Mayonnaise Roll

SWEET TREATS

Strawberry Mousse

Original Flapjack

Raspberry Jelly & Mandarins

Apple & Chocolate Sponge with Custard

Vegan Lemon Shortbread

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AVAILABLE DAILY

SALAD AND HOMEMADE BREAD
served with all main meals

BAKED POTATO
topped with Cheese, Tuna Mayo or Baked Beans

FRESHLY COOKED PASTA

A CHOICE OF JELLY, FRUIT OR YOGHURT

MENU WEEK 2

SERVED W/C: 28th April | 19th May | 9th June | 30th June *Innovate IFG*

Classic main meal

Hot Dog & Wedges with Onions

Chicken & Tomato Pasta Bake

Cottage Pie

Sticky Beef & Carrot Rice

Battered Fish & Chips

VEGETARIAN MAIN MEAL

Vegan Hot Dog & Wedges with Onions

Cheesy Cauliflower Pasta Bake

Vegan Cottage Pie

Tomato Rice with Peas & Sweet Potato

Margherita Wrap & Chips

Sides

Cucumber, Tomato & Lettuce Salad

Broccoli

Seasonal Vegetables (Cauliflower, Peas & Carrots)

Garden Peas & Broccoli

Baked Beans

FILLED ROLLS

Ham Roll Cheese Roll

Chicken Roll Egg Mayonnaise Roll

Ham Roll Cheese Roll

Tuna Mayonnaise Roll Cheese Roll

Ham Roll Egg Mayonnaise Roll

SWEET TREATS

Rainbow Cookie

Oaty Date Cookie

Strawberry Yoghurt with Summer Berry Sauce

Banana Sponge & Custard

Orange Jelly

SALAD AND HOMEMADE BREAD
served with all main meals

BAKED POTATO
topped with Cheese, Tuna Mayo or Baked Beans

FRESHLY COOKED PASTA

A CHOICE OF JELLY, FRUIT OR YOGHURT

AVAILABLE DAILY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Classic
main meal

Vegetarian Nacho Chilli Bake

Mac n Cheese Bolognese Pasta

Roast Chicken & Gravy

Mild Chicken Korma

Fish Fingers & Chips

VEGETARIAN MAIN MEAL

Margherita Pizza & Wedges

Vegan Bolognese Pasta

Vegan Sausage Puff & Gravy

Mild Vegetable Keema Curry

Southern Style Quorn Burger & Chips

Sides

Cucumber, Tomato & Lettuce Salad

Broccoli

Seasonal Vegetables (Carrots, Broccoli & Courgette)

Garden Peas

Baked Beans

FILLED ROLLS

Egg Mayonnaise Roll Cheese Roll

Chicken Roll Egg Mayonnaise Roll

Ham Roll Cheese Roll

Tuna Mayonnaise Roll Cheese Roll

Ham Roll Egg Mayonnaise Roll

SWEET TREATS

Strawberry Yoghurt with Summer Berry Sauce

Oaty Apple Crumble & Custard

Raspberry Jelly

Garden Brownie

Carrot Cake Cookie

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

AVAILABLE DAILY

SALAD AND HOMEMADE BREAD
served with all main meals

BAKED POTATO
topped with Cheese, Tuna Mayo or Baked Beans

FRESHLY COOKED PASTA

A CHOICE OF JELLY, FRUIT OR YOGHURT